



# St John's Highbury Vale C of E Primary School

Conewood Street, London N5 1DL

Tel: 020 7226 4906

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Executive Head: Mrs Tonnie Read

Head of School: Ms Hasina Khan

14th November 2025

Dear Parents and Carers,

I hope you had a good week and managed to get things ticked off your to-do list. This week we have been working on a number of things, including Remembrance Day, anti-bullying, as well their normal curriculum.

## Spirituality

One of our focuses this year is helping children to understand what spirituality means. If I asked you, what words or phrases come to mind when you think of spirituality and spiritual development? — I wonder what you would say.

Our aim is that, by the end of the year, all children at STJHV will be able to talk confidently about what spirituality means to them. It is often said that we cannot create spiritual children because they are already spiritual beings. However, we can nurture their spirituality as they grow, helping them to reflect, question, and flourish.

You might like to share with your child what spirituality means to you and any experiences that have made you stop and think more deeply about life. Christian spirituality is fundamentally concerned with following the way of Jesus Christ. Spirituality doesn't have to be about religion — it can be about awe and wonder, connection, and reflection. For example:

- Feeling a sense of peace when watching a sunset.
- Being moved by a piece of music or art.
- Feeling grateful for the people around you.
- Wondering about life's big questions, such as kindness, purpose, or belonging.

By sharing moments like these, we can help children recognise and nurture their own sense of spirituality.

## Anti-bullying week

This week, we have been learning about the theme for Anti-Bullying Week – 'Power for Good'. The children have been thinking about how each of us has the power to make a positive difference through kindness, respect, and standing up for others. We talked about what we can do to help everyone feel safe, valued, and included, both in school and beyond. The children shared thoughtful ideas about being good friends, using kind words, and supporting anyone who might feel left out.





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We always encourage children to speak to a trusted adult if something is worrying them, and we work together to make our school a caring and supportive place for everyone.

## Thank you email

I received a lovely email from a parent thanking me and the school for everything we are doing to create a school that “champions diversity and celebrates our different beliefs and backgrounds.” They said that we teach children about “love, respect and tolerance.”

The staff and I are able to do all the amazing things we do because our school is filled with brilliant children, and you are the reason why our children are so wonderful. I wanted to share this message because it's a reminder that our job is made easier by the care and support we receive from you.

## No Kidz Club Wednesday 26th November

Please be reminded that on Wednesday 26th November, Kidz Club will not be running. All staff will be taking part in a two-hour training session (4:00–6:00 pm) as part of their 12-hour commitment for trauma-informed practice. We understand this may be difficult for some families, and we are grateful for your understanding and support in making this possible.

## Key dates for next week

Thursday 20th November - Book fair

Friday 21st November - Year 6 Coffee morning

Have a lovely weekend, and I look forward to seeing you on Monday.

With thanks,

Ms H Khan

Head of School

