

## Children's Occupational Therapy Drop in



If you require advice from an occupational therapist, you can receive support via our occupational therapy drop-in clinic.

## What is it?

- A 30 minute virtual or telephone appointment.
- This is a one-off appointment and no open referral is required.
- An opportunity to speak to an occupational therapist (OT) about any concerns you may have regarding your child's development, sensory needs, and self-help skills.
- Advice and support to help you work with your child to achieve their functional goals (e.g. dressing skills, scissor skills, handwriting, cutlery skills etc.)

## When is it?

• The drop in clinic runs once a month on a Friday. Please contact our administration team to find out when you can book a slot that suits you.

Email: whh-tr.msotbookings@nhs.net

Telephone: 0203 316 1892



