



# Year 5 Residential Trip to Marchants Hill Surrey

FEBRUARY 2022

# Location

- ▶ Hindhead, Surrey
- ▶ Secured site with security guards
- ▶ 45 acres of grounds with an on-site lake
- ▶ All weather sports facilities
- ▶ Sports Hall
- ▶ Common/games room
- ▶ Large playing field
- ▶ Shop

# Transport

- ▶ UK Standard coach will collect us from School
  - ▶ Seatbelts for all passengers
  - ▶ Same bus from school onto the ferry and all the way to the PGL site
  - ▶ Pick up from school around 10am, drop off normal time
  - ▶ Arrival at PGL by 1pm On Monday
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- ▶ Travel Sickness tablets

# Sleeping Arrangements

- ▶ Lodges
  - ▶ Separate boys and girls cabins
  - ▶ Log cabins which sleep 6
  - ▶ En suite facilities for all
  
- ▶ Bethany House
  - ▶ Separate boys and girls rooms
  - ▶ En suite rooms sleep 4-8
  
- ▶ Teachers patrol until 11pm
- ▶ Cabins locked from the inside and do have fire doors
- ▶ Teachers have master keys for all cabins
- ▶ PGL staff patrol all night

# Activities

## Sample Day

Schedule	Activities
07.00 - 08.50	Get up, get ready and fuel up for the day ahead with a hearty breakfast.
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Enjoy a fresh and tasty two-course hot lunch and some free time.
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Time to eat again - a different dinner menu each day.
19.00 - 21.00	Discos, campfires, quizzes and more - our evening entertainment programme keeps everyone engaged until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's ready to do it all again tomorrow!

Abseiling  
Buggy Building  
Climbing  
Giant Swing  
Trapeze  
Archery  
Canoeing  
Kayaking  
Low Level Ropes Course  
Quad Biking  
Zip Wire  
Hiking  
Orienteering  
Fencing  
Campfire  
Disco



# Marchants Hill

## Evening Entertainment

A PGL team member will lead each session. Please ensure there is at least one supervising adult from your group present to support your evening entertainment programme. All activities are suitable for large or small groups unless otherwise stated.

### Ambush

Like hide-and-seek but in the dark, and on a much larger scale! Groups split into small teams; one team hides within the centre grounds, leaving a trail for the other team to follow. Bonus points are available for 'ambushing' the opposing team. Great for developing strategic and team building skills. In the summer months, this can be adapted to Foxes & Hounds where a loud whistle is blown instead of using physical markers.

#### Suitable for:

- 7-11 year olds
- 11-14 year olds
- 14-16 year olds
- 16+ year olds

**Active / Energetic:** ★★★

**Creative:** ★☆☆

**Teamwork and Communication:** ★★★

**Planning and Problem Solving:** ★☆☆

### Campfire

Enjoy a traditional campfire run by our Groupies. Younger guests can enjoy songs and games while older guests can relax, share stories and reflect on their shared experiences of the day.

#### Suitable for:

- 7-11 year olds
- 11-14 year olds

**Active / Energetic:** ★☆☆

**Creative:** ★★★

**Teamwork and Communication:** ★★★

**Planning and Problem Solving:** ★☆☆

### Capture The Flag

An inclusive, high-energy game in which teams work together to capture the opposing team's flag, while avoiding being captured or losing their own. The key to the game is pre-planning, communication and teamwork. The team capturing the other team's flag wins.

#### Suitable for:

- 11-14 year olds
- 14-16 year olds
- 16+ year olds

**Active / Energetic:** ★★★

**Creative:** ★☆☆

**Teamwork and Communication:** ★★★

**Planning and Problem Solving:** ★★★

### Cluedo

The PGL take on the classic board game. Teams need to complete a series of challenges to solve the mystery. Staff and adults join the role play as characters around the centre. Guests are involved in various challenges including problem solving and investigation.

#### Suitable for:

- 7-11 year olds
- 11-14 year olds

**Active / Energetic:** ★☆☆

**Creative:** ★★★

**Teamwork and Communication:** ★★★

**Planning and Problem Solving:** ★★★

### Disco

A popular last night choice, guests learn the moves to popular hits with "follow-the-leader" sessions, plus lots of unique PGL dances! A fun and sociable evening.

#### Suitable for:

- 7-11 year olds
- 11-14 year olds
- 14-16 year olds
- 16+ year olds

**Active / Energetic:** ★★★

**Creative:** ★★★

**Teamwork and Communication:** ★★★

**Planning and Problem Solving:** ★☆☆

### Passport To The World

Guests are split into teams and given a list of national flags with a map. Each country on the map represents a plaque to find around centre. Each plaque features the country's flag and has a question relating to the country, which must be answered correctly before moving on to find the next flag and eventually returning to base.

#### Suitable for:

- 7-11 year olds
- 11-14 year olds

**Active / Energetic:** ★☆☆

**Creative:** ★★★

**Teamwork and Communication:** ★★★

**Planning and Problem Solving:** ★★★

### Quiz Show

In teams, guests are set Q&A-style challenges with lots of interaction and plenty of variety to keep them motivated and to maximise their participation. As well as general knowledge, rounds may include dressing up, dancing and miming.

#### Suitable for:

- 7-11 year olds
- 11-14 year olds
- 14-16 year olds
- 16+ year olds
- Groups up to 48

**Active / Energetic:** ★☆☆

**Creative:** ★☆☆

**Teamwork and Communication:** ★★★

**Planning and Problem Solving:** ★★★



# Menus and Food

- ▶ Freshly prepared hot and cold meals every mealtime and self-service salad bar.
- ▶ Fresh fruit is available throughout the day and a selection of hot and cold drinks.
- ▶ Dietary requirements such as coeliac, diabetic, vegan/vegetarian and any food allergies can be catered for. Specific cultural, religious and medical concerns can also be adjusted for.

Reach  
your

# FULL PGL POTENTIAL

with our freshly prepared menu



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

## SUNDAY



### BREAKFAST

Scrambled Eggs Sausages Bacon Beans Vegan Cumberland (ve) Hash Browns	Scrambled Eggs Sausages Bacon Beans Vegan Cumberland (ve) Mushrooms	Scrambled Eggs Sausages Bacon Beans Vegan Cumberland (ve) Hash Browns	Scrambled Eggs Sausages Bacon Beans Vegan Cumberland (ve) Mushrooms	Scrambled Eggs Sausages Bacon Beans Vegan Cumberland (ve) Hash Browns	Scrambled Eggs Sausages Bacon Beans Vegan Cumberland (ve) Mushrooms	Scrambled Eggs Sausages Bacon Beans Vegan Cumberland (ve) Hash Browns
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Available every day: Choice of Cooked & Continental Breakfast | Continental Options - Porridge, Selection of Cereals, Assorted Yoghurts & White or Brown Toast & Jam



### LUNCH

<b>Pizza</b> Choices: Pepperoni Margherita (v) Vegan Margherita (ve) Sides: Potato Wedges	<b>Pasta</b> Choices: Mac 'N' Cheese (v) Plant-based Bolognese (ve) Tomato & Basil (ve) Sides: Garlic Bread	<b>Hot Dog</b> Choices: Pork Hot Dog Plant-based Hot Dog (ve) Sides: Onions, Skinny Fries	<b>Hot Sandwich</b> Choices: Ham & Cheese Baguette Meatball Baguette (ve) Fish Finger Sandwich Sides: Crisps	<b>Burger</b> Choices: Beef Burger Plant-based Burger (ve) Sides: Cheese, Tomato Relish, Onions, Curly Fries	<b>Tacos &amp; Fajitas</b> Choices: Chicken Plant-based (ve) Soft Wrap Crispy Shell Sides: Salsa, Tortilla Chips	<b>Roast Dinner</b> Choices: Roast Beef Vegan Sausage Rolls (ve) Sides: Carrots, Broccoli, Peas, Yorkshire Pudding, Roast Potatoes, Gravy
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Available every day: Homemade Soup of the Day or Tomato Soup & Bread Roll | Classic Sandwiches - Ham, Tuna Mayo or Cheese



### DINNER

Piri Piri Chicken Tuna Pasta Bake Spaghetti & Meatballs (ve) Sides: Curly Fries, Baby Corn, Green Beans Spaghetti Served with: Tomato Sauce, Grated Cheese Chocolate Fudge Cake with Ice Cream	Bangers & Mash Chicken Chow Mein Sausage & Bean Stew (ve) Sides: Mashed Potato, Broccoli, Green Beans, Gravy Penne Pasta Served with: Cheese Sauce, Grated Cheese Sticky Toffee Sponge Cake with Ice Cream	Meatball Lasagne Cod Goujons Plant-based Shepherd's Pie (ve) Sides: Garlic Bread, New Potatoes, Country Vegetables, Broccoli Penne Pasta Served with: Tomato Sauce, Grated Cheese Chocolate Crispy Cake	Bacon Mac 'N' Cheese Chicken Kiev Vegetable Curry (ve) Sides: New Potatoes, Rice, Mangetout, Carrots Penne Pasta Served with: Cheese Sauce, Grated Cheese Apple Crumble with Custard	Fish & Chips Chicken Katsu Curry Vegan Fish Fingers (ve) Sides: Skinny Fries, Rice, Peas, Carrots Penne Pasta Served with: Cheese Sauce, Grated Cheese Chocolate Eclairs	Fried Chicken Pulled Pork Filled Yorkshire Pudding Spaghetti Bolognese (ve) Sides: Mashed Potato*, Curly Fries, Broccoli, Baby Corn, Gravy* Spaghetti Served with: Tomato Sauce, Grated Cheese Belgian Waffles with Ice Cream	Sweet Chilli Chicken Fish Fingers Butternut Squash Wellington (ve) Sides: Potato Wedges, Country Vegetables, Green Beans Penne Pasta Served with: Cheese Sauce, Grated Cheese Chocolate Brownies
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Available every day:  
Dessert -  
Classic Fruit Salad

## Healthy Choices

Available daily

Fresh fruit - every  
mealtime



Unlimited salad from  
our salad bar - lunch &  
dinner

## Unlimited Drinks

Coffee, tea, chilled squash

## Dietary & Allergens

We can cater for a wide variety of food requirements when notified in advance, including allergies, intolerances, medical conditions, and those specified by culture and religion.

It may not always be possible to cater for more specific diets such as weight management programmes, organic etc.



# Kit List

- ▶ OLD CLOTHES – Please don't send anything new or expensive, it may get damaged
- ▶ Long Sleeved T-Shirts
- ▶ Fleeces and Jumpers
- ▶ Waterproof Jacket
- ▶ Trousers or Leggings – not jeans
- ▶ Underwear and Socks – plenty of them as children may get soaked through
- ▶ Comfortable clothes for the evening
- ▶ Suitable Nightwear
- ▶ Two Pairs of Trainers – 1 for activities and 1 old pair for water sports
- ▶ One pair of dry shoes for evening activities
- ▶ Two Towels – 1 for showering and 1 old one for water sport activities
- ▶ A Reusable Drinks Bottle
- ▶ Small Rucksack or Bag
- ▶ Washbag – including soap, shampoo, toothbrush and toothpaste (please do not pack aerosols)
- ▶ A Warm Coat
- ▶ Hat and Gloves

# Please Do Not Bring

- ▶ Electrical Devices – including mobile phones, you can bring disposable cameras if you wish to take photos
- ▶ Computer Games
- ▶ Jewellery or Valuables
- ▶ Aerosols
- ▶ Food
- ▶ Anything brought that is not needed will be confiscated until we return

# Medical Arrangements

- ▶ All medical arrangements we have in place at school can be transferred over with us to PGL.
- ▶ Medication that is given at home daily can be handed over, with a completed medical form, for staff to give whilst we are away.
- ▶ Separate meetings for additional medications can be arranged.
- ▶ All medication names to be labelled clearly and handed to members of staff on the morning.
- ▶ Children will be split into groups and the group leader will carry their medication for the day.

# Extra Information

- ▶ Please label all clothes
- ▶ If you are sending your child with money for the shop, please put it in a seal envelope and hand it to one of the adults to look after. There is no need to give any more than £10 maximum
- ▶ Children can bring reading books, puzzle books or card games to play on the bus and in their rooms during free time.
- ▶ No wetsuits will be needed for any of the activities.