



St John's Highbury Vale C of E Primary School

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Head of School: Mrs Lindsey Hodgson

Executive Head: Mrs Tonnie Read



URBAN FOREST SCHOOL with The Garden Classroom



Dear Parent/Carer

I am delighted that your child will be participating in an Urban Forest School programme over the next year at Gillespie Park on a **Tuesday afternoon**. This will start from **Tuesday 27th September 2022**.

The Garden Classroom is a local charity who provide urban children and adults with transformative outdoor experiences devised to promote self-discovery, stimulate growth and inspire a respect for nature.

The Urban Forest School programme works with children over a term (or longer) to build their understanding of nature, practical skills, confidence, communication and ability to self-regulate their emotions.

Over the next year, the children will take part in a range of activities such as team games, natural art, using a range of tools and den building while getting to know and respect their natural environment.

They will go out on an adventure in almost all weathers. For your child to get the most out of the sessions it is essential they have the right clothing to allow this. Please ensure they have the following on Forest School day (Tuesday):

- Wellington boots
- Warm clothes
- Waterproof clothes
- Hat
- Gloves
- Scarf
- Water bottle

If you are available to volunteer and spend the afternoon with us, please let us know via Class Dojo. Thank you for your continued support and we look forward to starting the Forest School experience with the children.

Kind regards,

Ms Lena Dalal

