



Friday 16th September 2022 Summer Term Issue 2

NEWSLETTER

St John's Highbury Vale C. of E. Primary School

School Website: www.stjhv.islington.sch.uk

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The class with the best attendance
at 98.5% was

Year 5



The class with the best punctuality and
with 1 children late all week was

Year 6

Parents evening



Wednesday 21st and Thursday 22nd
September

Please check your inbox for more details how to
place your booking

Online booking will close at 11pm on Tuesday 20th
September 2022.

Happiness Project – Week 2 – Giving

This week, we have focused on how giving can make both the giver and recipient happier. Also giving doesn't have to cost any money: giving a smile, giving some help, giving your time, giving respect, giving compliments, giving thanks. It has lots of benefits: it makes us feel happy; is good for our health; helps social connection; evokes gratitude; and is contagious!

Kindness is not a random act. We choose to be kind.

Conscious kindness is the act of looking for opportunities to be kind to others and yourself. Often, acts of kindness are performed when the opportunity presents itself. It's about thinking where in your day you can go out of your way to give kindness to others.

Research shows that people who practise kindness, friendliness, respect and appreciation towards themselves and others are better able to acknowledge their mistakes, imperfections and negative actions – to learn from them and to change for the better – than those who hadn't done so. This is because having a positive attitude towards themselves allowed them to admit to their failings and those of others without being overwhelmed by negative emotions. Kindness makes us more emotionally robust and positive.

Please try at home a 'handmade hug' which is a perfect gift for a friend or family member. (.pdf attached)





Upcoming Free Parent Webinar

How to Help Your Child Manage Big Feelings

Tuesday 20th Sept 7:30 - 8:30pm

A 45 minute webinar followed by Q&A, exploring how to help your child when they experience 'big feelings'.

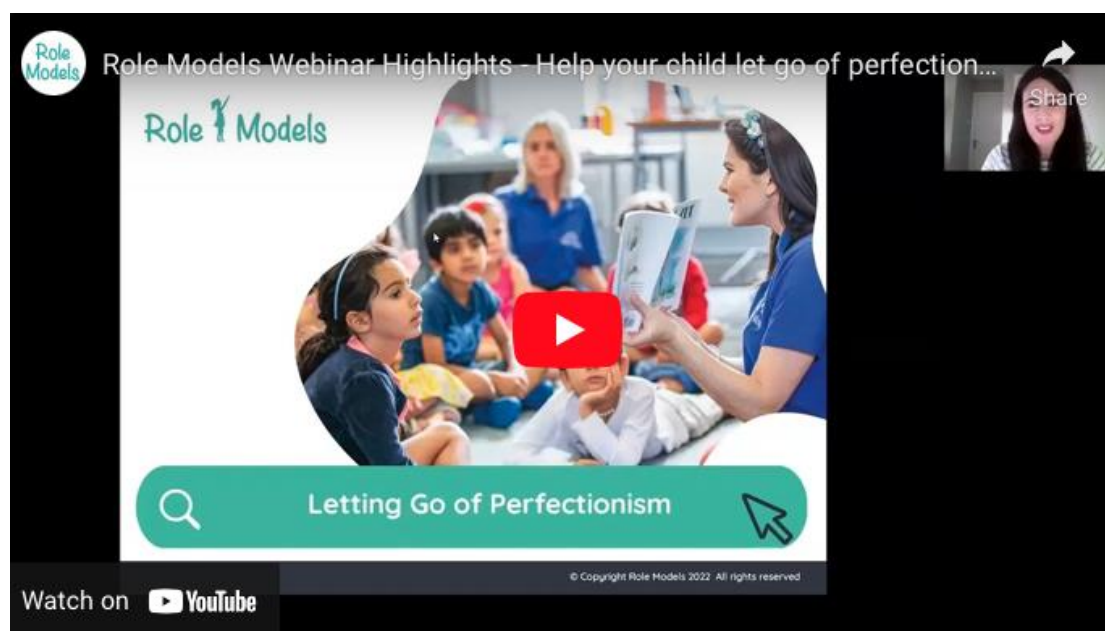
We will explore how these strategies help to build emotional resilience in your child, so they are ready to embrace mistakes and the inevitable ups and downs of life.

For parents of children of all ages.

More information: <https://www.rolemodels.me/in/webinar-sep-22>

Register here:

https://us02web.zoom.us/webinar/register/3416564091687/WN_Gf7Qmaw_Quyw_6gG99IWjgw



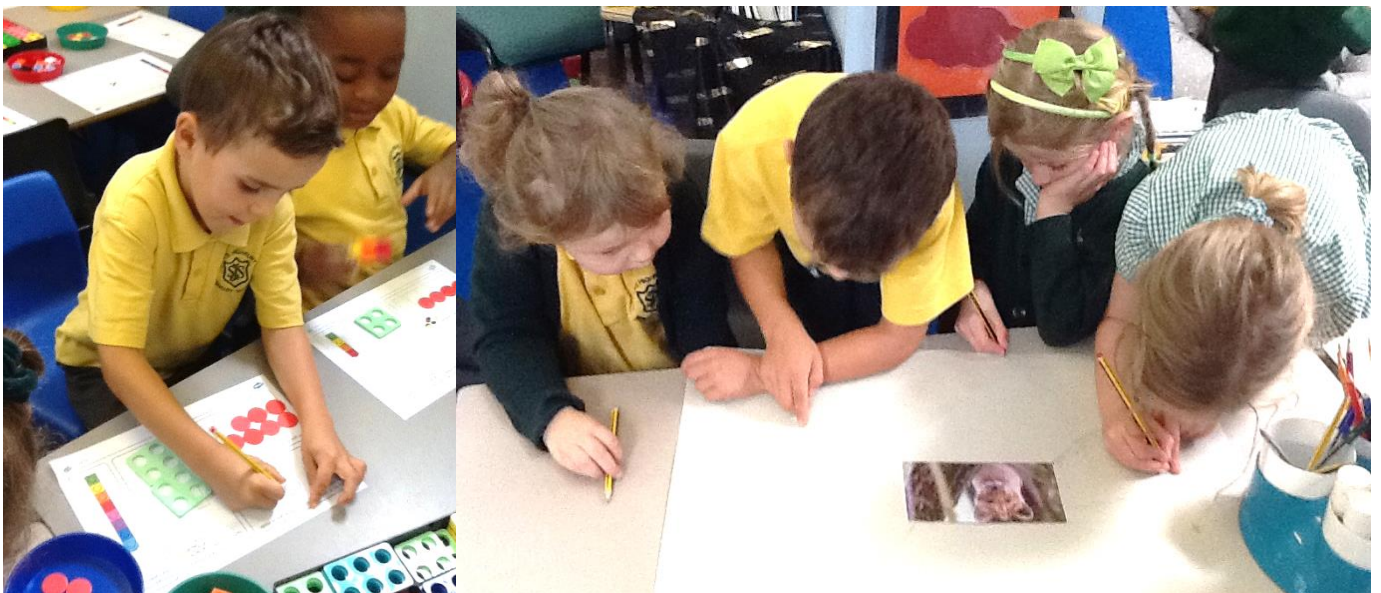
Reception

Reception class started their self-portraits this week. We took inspiration from the artist Chris Ofili. Look at our beautiful artwork!



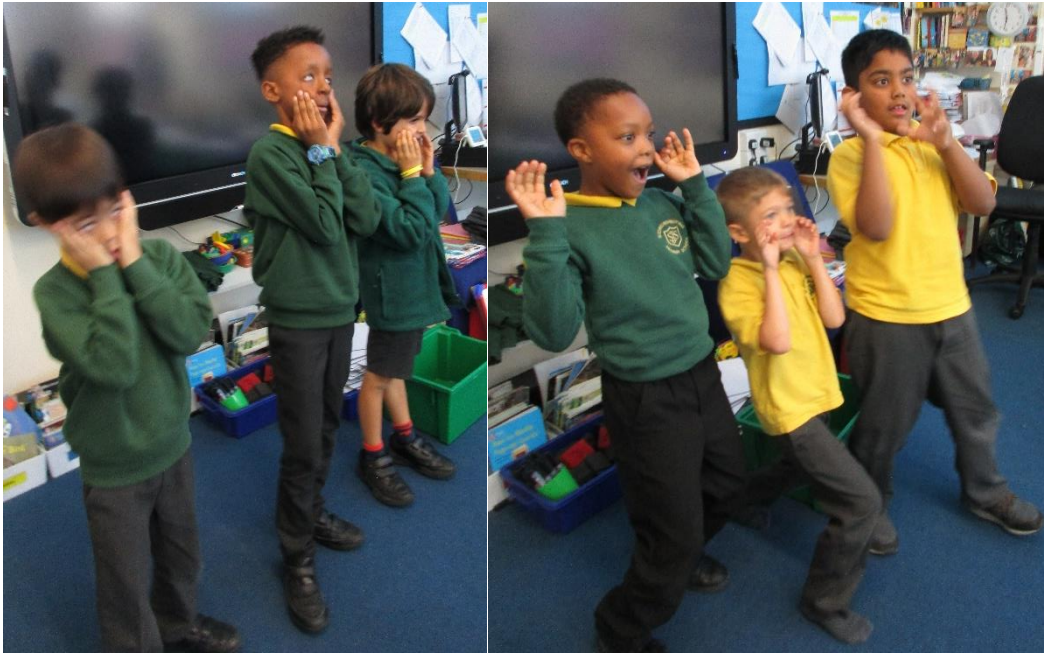
Year 1

In Year 1 this week, we have been learning all about lions and how to represent numbers in different ways in Maths.



Year 2

This week, we have been exploring our class text, *The Dark*. We used music and dance to show how the dark makes us feel.



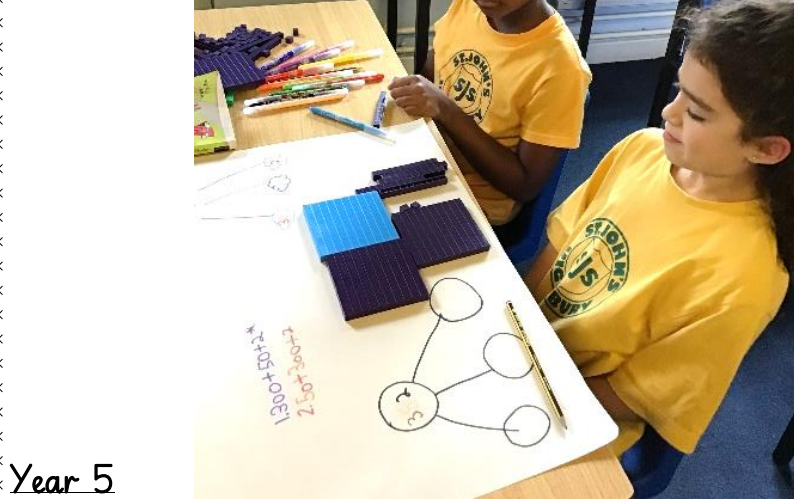
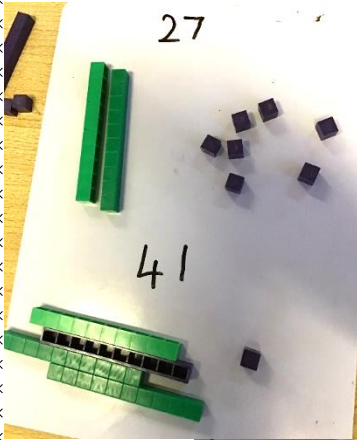
Year 3

In maths this week, year 3 have been exploring shapes. We began our week by looking at 2D and 3D shapes and then investigated the different flags of the world to find out what shapes we could see. It was very interesting to find all of the different shapes in our world flags and discover if they have any shapes in common.



Year 4

In Year 4, we have been using Dienes blocks to problem solve reasoning problems. We looked at the value of the numbers and separated them into hundreds, tens and ones. We investigated other ways to make the same number.



Year 5

In Year 5, we have been enjoying PE. We have been learning how play dodgeball.



Year 6

This week Year 6, we have begun exploring the theme of our English text 'Goodnight Mister Tom'. We discussed arguments for and against evacuating children out of London in World War 2, then had a lot of fun creating a conscious alley. The class put forward arguments for and against to our special guest Mrs Read and Rina, they were very persuasive! We look forward to exploring our text next week.

