



Friday 18th November 2022 Summer Term Issue 10

NEWSLETTER

St John's Highbury Vale C. of E. Primary School

School Website: www.stjhv.islington.sch.uk

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The class with the best attendance
at 99.0% was

Year 6



The class with the best punctuality and
with 0 children late all week was

Year 1

The Islington Primary School football league

This week, the Islington Primary School football league started. We faced a strong Tufnell Park side. A lose for both boys and girls teams but lots of lessons were learnt, like working together to bring the best out in our team and being resilient. We are looking forward to the next fixture.



Happiness Project – Week 10 – Belonging

The last themed week of our Autumn term wellbeing project is 'Belonging'. This week, we have looked to see where we belong, what shows the belonging and how it makes us feel.

A sense of belonging is crucial to our life satisfaction, happiness, mental and physical health and even longevity. It gives us a sense of purpose and meaning.

When we feel we have support and are not alone, we are more resilient, often coping more effectively with difficult times in our lives. Coping well with hardships decreases the physical and mental effects of these situations.



Anti-bullying Week

10 Tips for Preventing Bullying



Keep Communication Lines Open

Talk openly to your child about their lives from an early age; observe interactions when their friends visit.



Educate Kids About Bullying

Model good relationships and teach children what true friendships should be.



Recognize Bullying:

Whether your kid is the victim (unexplained injuries, lost or damaged property) or the bully (increased aggression or concern about popularity).



Teach Children Not to Bully:

Teach kids empathy; not to push, shove, or verbally abuse others; and that bullying has consequences.



Equip Your Child:

Tell your child to ease bullying by walking away, telling the bully to stop, or using humor to defuse things.



Boost Children's Confidence:

By encouraging and nurturing their hobbies and commending positive efforts.



Get Involved:

Stay up to date with your child's school activities and volunteer when you can. Know their anti-bullying policies.



Report Bullying:

Don't be afraid to report bullying and be persistent until the matter is resolved.



Set Tech Boundaries:

Discourage cyberbullying; set age-appropriate computer filters; and if cyberbullying occurs, record any messages or emails.



Join Local Efforts Against Bullying:

Community support is vital for preventing bullying.

Reception

In Reception Class this week, we have been learning about anti-bullying and how we can be good friends with others. We talked about what we should do if someone continues to be unkind and how we can help our friends. We read a story called Barry the fish with fingers by Sue Hendra and Paul Linet. It is about how Barry is different from all the other fish and how Puffy is left out when Barry plays with the other fish. We spoke about the importance of including everyone in our play. We learnt that if someone is being unkind, we should tell a teacher, a parent or a close friend who can help. We then sorted pictures that showed friendly and unfriendly behaviour.



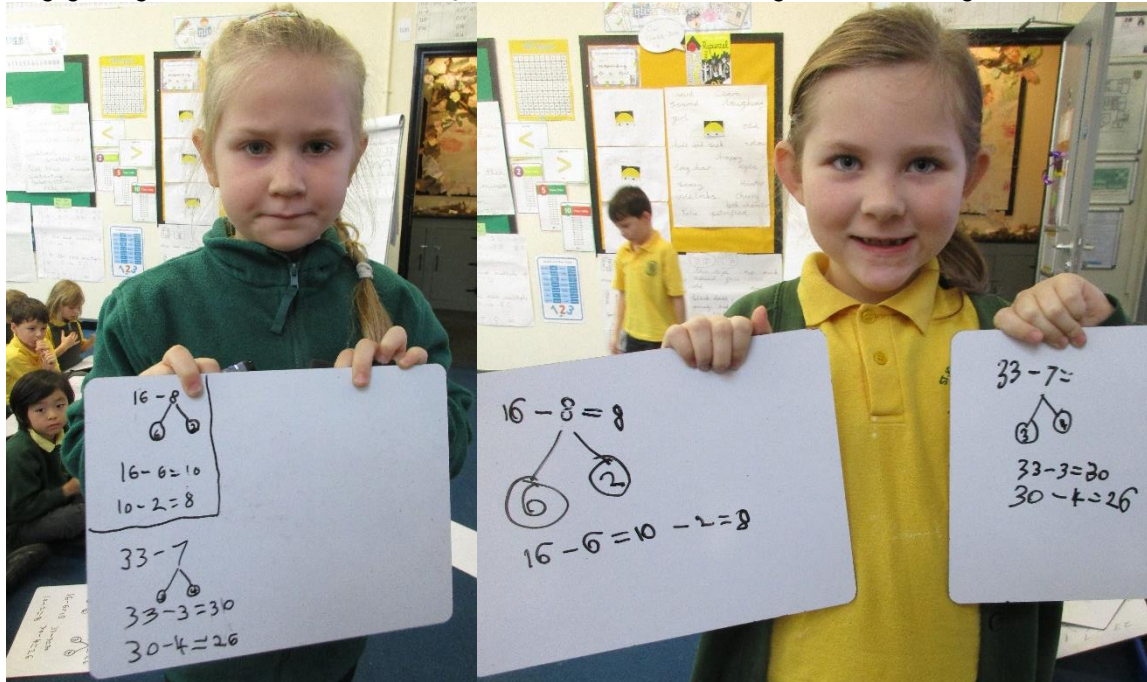
Year 1

In Year 1 for DT, we have been trying out different fruits to see what we want in our fruit salads. We even tried a new one - pomegranate!



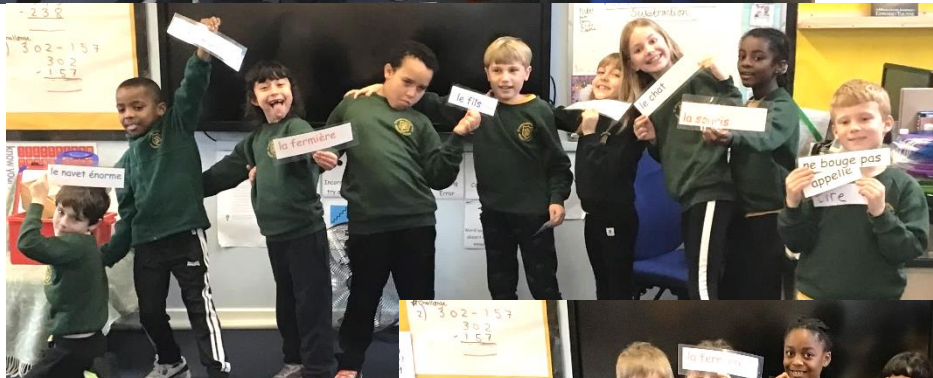
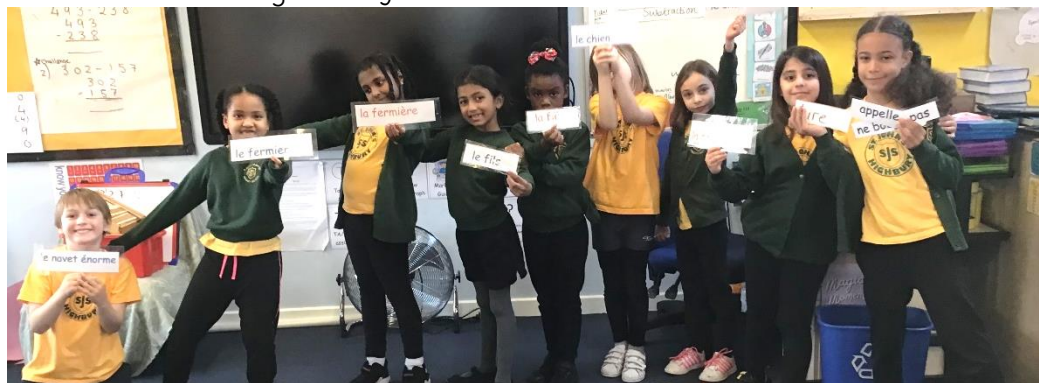
Year 2

Year 2 have been using their knowledge of number bonds to 10, to help with further calculations. We subtracted by getting back to the nearest 10 first and then subtracting the remaining amount.



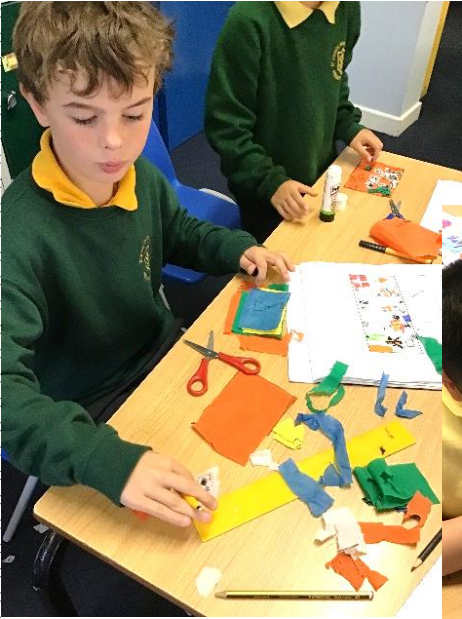
Year 3

This week in French, Year 3 have been looking at the story 'The Enormous Turnip' in French! We acted the story out taking turns to be a character. We had a great time and everyone got to have a turn to play a character in the story like le fils, le chat or le navet énorme.



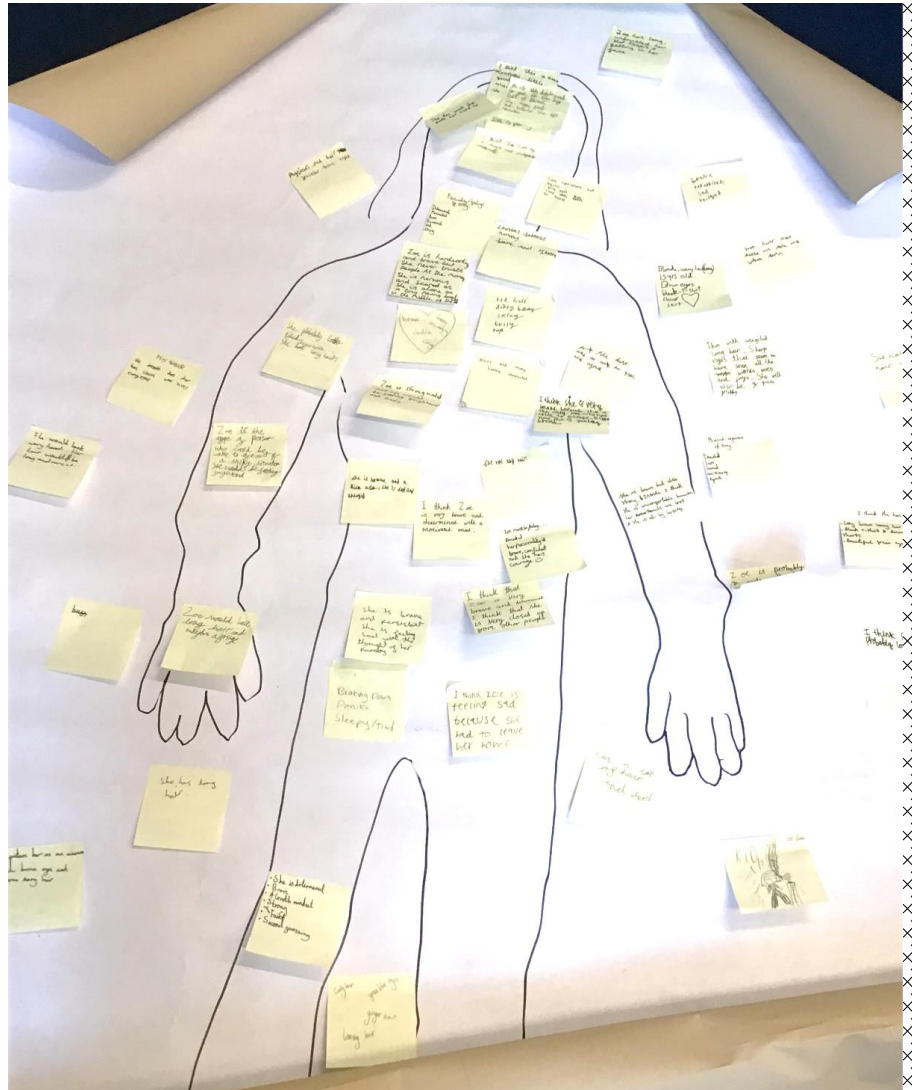
Year 4

In Year 4, we have been focusing on our art for the happiness project. Our aim was to create a stained glass window that represented our PSHE theme of celebrating differences. We used tissue paper to create mosaics inspired by Antoni Gaudi.



Year 5

In Year 5, we have started reading a new book: Floodland by Marcus Sedgwick. This week we have made predictions about the plot and characters. Here are our thoughts about Zoe, the main character.



Year 6

In Year 6 we have been learning about how nutrients and water are transported around the body. We created an experiment using skittles and water to show how absorption happens in our small intestine. It was a challenge to not eat the science experiment!



Christmas Menu



Traditional Roast Turkey
& Gravy
or

Vegan Parsnip & Sweet
Potato Loaf

~~~~~  
Accompanied with Roasted  
Potatoes, Carrots, Peas,  
Stuffing, Vegan Chipolata &  
Cranberry Bread

~~~~~  
Chocolate Log
or Fresh Fruit

caterlink
feeding the imagination

On Thursday 8th December



Are you expecting a baby between January and March 2023?

Could you welcome a regular, weekly visitor to see you and your baby at home (one hour a week)?

Who am I?

My name is Jo, and I am an attachment-based psychotherapy trainee at The Bowlby Centre in Highbury. I live in central Highbury and have two adult children of my own.

What is the visit for?

As an important part of the four year psychotherapy training, I need to visit a new-born baby and their primary carer once a week for eighteen months.

The purpose of the weekly visits is to observe, at first hand, the physical and psychological development of the infant with the primary caregiver, through the crucial early months of life.

During observation visits you would not need to do anything special, just continue with your usual routine. I would unobtrusively observe the changes in your baby as they develop into a young infant and be quietly present in the room.

It would take a special kind of generosity to offer to do this. If you feel that you could help, or you know someone else who might, please do contact me. I have more detailed information to share about the process, and we could meet to discuss the possibility further before any commitment is made. Thankyou.

Jo Chrich.

07894 903076

jechrich@googlemail.com

[I am fully DBS checked for safeguarding requirements.]